
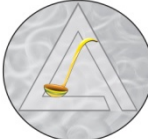





Hathaway Brown Menu
 Middle and Upper
 Week 3 January 7 – 11, 2019



Week 3	Monday 7 th	Tuesday 8 th	Wednesday 9 th	Thursday 10 th	Friday 11 th
 Gluten Free Meals Available upon Special Request.	Today's Dining Hall Hours 11:30 AM to 1:00 PM Stop Down to See Today's Selections!	Za'atar Roasted Faroe Island Salmon Roasted Fingerling Potatoes Roasted Greek Vegetable Medley Side Bar: Assorted Hummus with Pia Chips	Build Your Own Fajita Bowl with Choices including: Seasoned All Natural Chicken Or Roasted Veggies Sautéed Peppers and Onions Cilantro Lime Rice Refried Beans Side Bar: Pico De Gallo Sour Cream Shredded Cheddar and Lettuce	Build your Own Breakfast Bowl! With Sausage Gravy Fresh Baked Biscuit Scrambled Eggs Diced Hash Brown Potatoes Side Bar: Fresh Cut Fruit and Yogurt Bar	West African Chicken Stew Or West African Vegetable Stew Tahini Spiced Green Beans Steamed Rice Roasted Sweet Potatoes Side Bar: Apricot and Minted Couscous Salad
			Vegetable Lentil	Turkey Posole	Cheddar Grits Oatmeal
		Chicken and Vegetable Lavash Minted Cucumber, Cracked Wheat and Date Salad	Grilled Portobello and Pico de Gallo Sandwich Black Bean and Corn Salad	Canadian Bacon, Egg and Cheese English Muffin Ambrosia Salad	Classic Cuban Sandwich Tropical fruit salad
	Offered Daily Roasted Turkey, Ham, Salami, Assorted Cheese Lettuce, Tomato, Pickles and Locally Sourced Fresh Baked Breads				
 Our Pizza Dough is made in-house with 100% Whole-Grain freshly pressed dough		Cheese Pepperoni Neapolitan	Middle and Upper Cheese Pepperoni	Cheese Pepperoni Stromboli	Cheese Pepperoni Veggie Lover's
Please discuss any food allergy issues concerning your child with Resident Director Nick Keck at 216-320-8084 or nkeck@hb.edu		PURE Scratch Made Green Pea Fritters Served atop Chopped Boston Bibb Lettuce and Veggies topped Fresh Vinaigrette	PURE Build Your Own Seasoned Cauliflower Bowl with Choice Toppings	PURE Oven Roasted Vegetable Vegan Frittata Muffins with Salsa and Sour Cream	PURE House Made Himalayan Red Rice and Black Bean Burgers Served Atop Baby Spinach with Fresh Salsa

Welcome to 2019! We hope you had a wonderful break and are well rested, ready to start a new year! We look forward to seeing you in the Dining Hall. Have a good week!