Nutrition Matters

Hathaway Brown School is committed to providing a school environment that enhances learning and development of lifelong wellness practices, integrating nutrition education into students’ everyday curriculum.

HEALTHY OFFERINGS

SUSTAINABILITY

SAFETY

HB’s Center for Sustainability works to ensure that food and waste are properly recycled, and food sources such as eggs are cage-free, and fish and meat vegetables come from sustainable farms. Precautions are in place for those who suffer from food allergies. Students are encouraged to make healthy choices when selecting their meals, which there is no shortage of!

Dining at HB

The dedicated and hard-working members of the Hathaway Brown Dining Services staff oversee a remarkable array of healthy offerings for students, including:

Whole Grains
A daily sandwich bar offers whole white and wheat bread, a bagel and bread bar, cold cereals, and a fresh granola bar on Mondays. CF options available.

Hot Entrees
A daily-changing selection, with two or more choices each day, including a vegetarian option.

Fresh Fruits and Vegetables
A beautiful salad bar stocked with fresh vegetables and fixings, plus a fresh fruit bar filled with seasonal options.

Healthy, Easy, Accessible

At Hathaway Brown, the Dining Services program has consistently received the highest praise.

Lunch is provided for HB students as part of the school tuition. There are no menu to fill out, no lunch cards to buy. The program serves 1,000 people - including students and faculty in kindergarten through 12th grade - every day in the bright, airy, and spacious 300-seat, 4,118-square-foot Wargery Stouffer Bigger ’47 and Family Dining Hall. The 3- and 4-year-olds in HB’s Early Childhood program eat family style in their own cheerful dining facility, which boasts toddler-scale furnishings.

Daily meals are served in stages and by division, with Primary School girls eating first. In addition to the healthy lunches served in the Dining Hall, the Upper School students are provided a la carte breakfast selections as part of their meal package, while students in the other divisions are offered morning or afternoon snacks in their classrooms. Snacks and lunch are also served to our youngest students in the Infant and Toddler Center.

Learn more at hb.edu